



Chronic Fatigue Syndrome / ME – DVDs for sale

All these DVDs are available for \$10 each



“Understanding CFS/ME in Young People” Dr Kathy Rowe

In this Auckland presentation Dr Rowe details her extensive study of CFS in juveniles, particularly those of school age. She brings out some of the pitfalls and successes, and some of the practical things that can be done for them, particularly in the areas of education and social adjustment. The powerpoint presentation can be clearly viewed on the DVD.



Dr Nancy Klimas

Understanding and Treating Chronic Fatigue Syndrome / ME

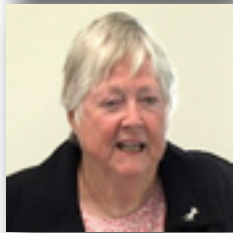


To people with CFS / ME

In Hamilton Nancy spoke to a group of people with CFS/ ME and their family and carers. She talked about the problems faced by people with CFS and gave some practical suggestions how to live with and medicate this syndrome.

She also gave insights on some of the on-going international research into the causes and possible cures for CFS / ME

This talk was given in language that could be easily understood, and showed the passion that Nancy has to see her patients overcome. Nancy's powerpoint presentation can be clearly viewed on the DVD.



To Medical Professionals

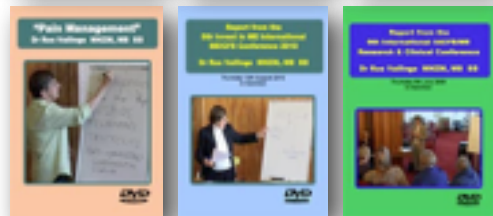
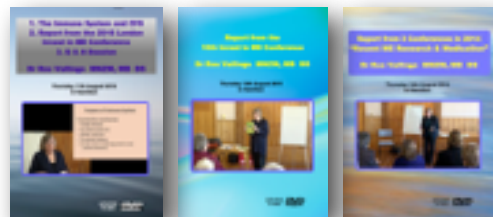
In Auckland Nancy, with added input from her colleague Mary Ann Fletcher, spoke to a group of Medical Professionals with an interest in CFS / ME.

Although many of the slides in the presentation were the same, the talk was in more medical language, although still delivered with Nancy's passion and expert knowledge of her subject.

Again, slides in the presentation can be viewed on the DVD



Dr Ros Vallings MNZM, MB BS



- ❖ 1. “The Immune System and CFS”
- ❖ 2. “London 2016 Invest in MA Conference Report”
- ❖ “10th (2015) Invest in ME Conference Report”
- ❖ Report from 3 Conferences in 2014 “Recent ME Research & Medication”
- ❖ “2013 Invest in ME Conference Report”
- ❖ “2012 Invest in ME Conference Report”
- ❖ “2011 IACFS/ME Conference Report”
- ❖ “Pain Management”
- ❖ Report from the 5th Invest in ME International ME/ CFS Conference 2010
- ❖ Report from the 9th International IACFS/ME Research & Clinical Conference

Dr Ros works in a Howick general practice where 85 per cent of the patients she sees suffer from ME and CFS. Her patients are referred by GPs all over New Zealand.

In addition Dr Vallings serves on a subcommittee of IACFS/ME as the New Zealand ambassador which involves increasing the New Zealand membership, particularly from Doctors, GPs and other Health officials, and fostering international collaborations.